LHAMAR February Antiracism Focus: **HEALTHCARE**

**LISTEN:**

<https://thenocturnists.com/the-nocturnists-black-voices-in-healthcare>

Choose at least 1 of these 10 stories to listen to…

"*Over 200 Black healthcare workers from across the country signed up to participate in this project, which aired for ten weeks from June through September 2020, and highlighted stories of racism in the workplace, as well of stories of Black joy, Black love, and Black excellence*.

*The idea behind the project is this: Stories are powerful. They can be used to erase, simplify, dehumanize, and subjugate. But they can also be used to empower, demystify, create empathy, and remind us of the beautiful, messy humanity that binds us to each other. If people in healthcare are going to engage each other in honest, vulnerable conversation about race and racism, fostering these gut-level connections is essentia*l. ***Black Lives Matter. Black Health Matters. Black Stories Matter***."

<https://www.npr.org/2021/01/21/959091838/the-separate-and-unequal-health-system-highlighted-by-covid-19>

 (8-min listen)

Mental Health Disparities:

<https://www.npr.org/sections/health-shots/2020/06/25/877549715/bear-our-pain-the-plea-for-more-black-mental-health-workers>

(4-min listen)

**READ:**

Black newborn babies in the United States are more likely to survive childbirth if they are cared for by Black doctors, but three times more likely than White Babies to die when looked after by White doctors, a study has found.

<https://www.cnn.com/2020/08/18/health/black-babies-mortality-rate-doctors-study-wellness-scli-intl/index.html?fbclid=IwAR0RPkLtaUVXZDmSn5mJo8zU8ucZ1xstYrs_FCwz_s4aQ-hj4_GKorbQGnc>

Minority populations have long been underserved by health care and overburdened by the chronic diseases that heighten risk for the coronavirus — a result of generations of racial inequities, high uninsured rates, crowded housing and other social factors that contribute to poor health. The fact that minorities make up a disproportionate share of essential workers — who can’t work safely at home during the pandemic — adds even more risk.

<https://www.politico.com/news/2020/07/08/racial-disparities-coronavirus-political-divide-353226?fbclid=IwAR0ccORM2ROqH6OpkfSeW08pv-MQQgLR7ffhiq-jlLxUPaNfgN40ho12Feo>

**WATCH:**

Watch 3 videos from our YouTube Playlist:

<https://youtube.com/playlist?list=PLrIbwW9doUbpAHNL4KsbLTAG0l28xy-5F>